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CityScene

NOVEMBER 2014

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The 'Voice' of the Community



Peter Philips Publisher

WE'VE BEEN HEARING ANECDOTALLY that Normandy Park City Scene Magazine is respected in our community, and now we have the data confirming just how valuable the magazine is to

our residents.

Our last issue included a city-sponsored survey aimed at measuring how residents get information on city initiatives and how well we communicate those initiatives. We also asked residents what more they would like to see in the magazine.

The survey was designed to establish a baseline measure of residents' current satisfaction with the city's communications, and help administrators gain an understanding of how residents prefer to receive information about the community, and it provided an opportunity to all of our readers to offer suggestions for improvement.

The city distributed the survey through City Scene Magazine and other outlets starting August 1, 2014. Formal responses for statistical purposes closed on September 30, 2014.

Response was fantastic. Our response rate was three-times the national average—and respondents even had to put their own stamp on the card to mail

87% of respondents reported that City Scene Magazine is their primary source of news and information about the city.

Thank you for your continued support of our efforts ...and be sure to thank our loyal advertisers for their support. Advertiser participation is the reason we are able to publish this self-sustaining community asset, and we rely on their continued support to continue bringing residents City Scene Magazine every

If you are not currently an advertiser, please consider supporting us...and

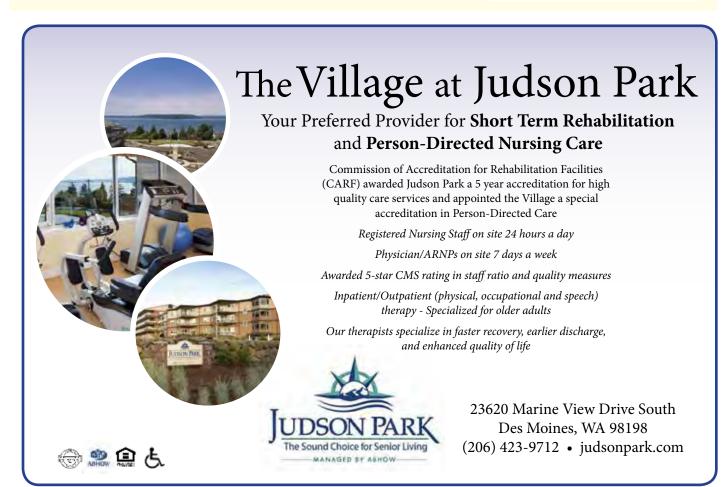
getting in front of our active, engaged readership. Engaged readers are supportive consumers!

Our current advertisers continue to report demonstrable increase in business that they attribute to advertising exposure in City Scene Magazine.

As residents we support those businesses that support our community. If you do business here, there is no better way to demonstrate your company's commitment to our community than advertising in our magazine!

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Demand For Homes In Normandy Park Is Running High

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Would you like to know the value of your home in today's market?

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\$100

IF YOU OR SOMEONE YOU REFER SETS UP AN APPOINTMENT WITH ME TO LIST OR BUY A HOME, I WILL DONATE \$100 TO THE HIGHLINE SCHOOLS FOUNDATION IN YOUR NAME.



Glenn Akramoff City Manager

AS OUR GLORIOUS SUMMER AND NEVER ENDING SUMMER is finally and sadly coming to an end, the city of Normandy Park continues its rise from the ashes of the financial downturn. Home sales continue to improve, our permit activity continues at a near record

pace, and the business community as a whole continues to move in a positive direction. The city revenues continue to increase in all areas. This is thanks to many factors including the efforts of this community and its volunteers.

There are a few key items that are being processed in the next six months. These items will continue to build on the momentum that is already created and will impact the community for years to come:

- The first being the City Council's focus on setting up long term goals and a vision statement at a facilitated workshop in early November. These goals will guide the direction for all staff and city activities in the future.
- The second is the 2015-16 budget process which kicked off on October 28th with my introduction of the preliminary budget. The City staff also presented the specifics of the budget at the October 28th City Council meeting which will be followed by two public hearings in November. The public hearings will provide everyone an opportunity to provide input on budget direction. The budget is scheduled for adoption at the December 9th City Council meeting.
- The third large item is the Normandy Park Comprehensive Plan update. This is a state required update. The process is just beginning. The Planning Commission and City Council will have this on their meeting agendas from now until next summer. This is the guiding document for the city in every possible way. It was last updated in 2004. You can keep up with the process and input opportunities by accessing the city website at www.normandyparkwa.gov.

A quick update on the City Hall and Recreation Center includes: the staff will complete all of the required Labor and Industries repairs by the

December 1, 2014 deadline, abatement of lead paint and asbestos around the window (inside and out) in the recreation center and the Council will be evaluating other repairs options in early November. In addition, the City Council appointed all 13 applicants to the Facility Planning Task Force. The FPTF will provide monthly reports to the Council with the first formal report scheduled for March 10, 2015.

On a special note, the city's long-time (7 years) Finance Director, Cherie Gibson, moved to another city. It is a wonderful opportunity for her career and personal development. I am happy for her but sad for us. Cherie leaves a financial legacy of clean audits and unmatched ethics. More importantly is the legacy she left with many people in the community. Those of us who had the privilege of working with her everyday appreciated her caring, her knowledge, and her friendship. She is missed and we wish her all the best.

I add my congratulations to those who put together the 3rd Annual Zombie Fest. It was a very well attended event, as is the Normandy Park tradition. The Economic Development Committee, Friends of Normandy Park, and all of the sponsors did an outstanding job in putting together a wonderful, family oriented day of fun and emergency preparedness giveaways that highlight the business community in the city.

The City of Normandy Park is committed to open and transparent government and building strong community through informed decision making. Together we can ensure that Normandy Park remains a special place for generations to come. I welcome you to find a way to get involved in creating that special future we all want for our Normandy Park. As always if you have questions or concerns please do not hesitate to drop by or give me call.

I leave you with one of my favorite quotes...

"If you treat an individual as he is, he will remain how he is. But if you treat him as if he were what he ought to be and could be, he will become what he ought to be and could be."

~ Johann Wolfgang von Goethe

In the next few months, Mayor Susan West and City Manager Glenn Akramoff will be visiting several locations throughout Normandy Park to give presentations on what is happening in Normandy Park and the current health of the city. The event is open to the general public, so be sure to mark your calendar for December 4th, from 6:30 pm to 7:30 pm. The presentation will be held in the Recreation Building (801 SW 174th St., Normandy Park) and there will be time for questions. Watch for more information and details about these events on the City's website. Please note that the location has changed since this event was originally advertised in order to accommodate more people.

CITY DIRECTORY

City Hall

801 SW 174th Street Normandy Park WA 98166

City Hall Main Line 206-248-7603

Police Non-Emergency 206-248-7600

City Hall Hours

7:00am - 5:30pm Monday through Thursday

City Administration

City Manager 206-248-8246

Finance Director 206-248-8251

City Clerk 206-248-8248

Accounting Specialist 206-248-8247

Senior Planner 206-248-8249

Associate Planner 206-248-8260

Public Works Operations 206-248-8269

Public Works Engineer 206-248-8256

Recreation/Facility Scheduling 206-248-7603

Police Chief 206-248-7600

Police Records Manager 206-248-7600

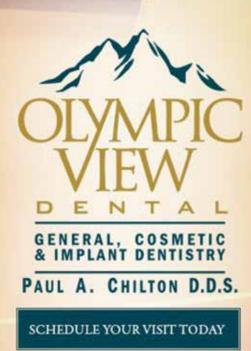
Passport Office Hours

9:00am-4:00pm Tuesday, Wednesday, Thursday. Appointment may be made by calling 206-248-8248 or 206-248-7603

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Positive In The Park – Part 3



Susan West Mayor

CALLING ALL NORMANDY PARK RESIDENTS! Let your voices be heard.

Today, you have the opportunity to help shape Normandy Park's future. It will only take about 10 minutes of your time. After reading this article, please complete the Comp Plan update questionnaire inserted in this issue of the *City Scene* Magazine that asks for your opinion and feedback on several important topics including: land use, housing, environment, economic development, capital facilities,

utilities, rural/natural resources, transportation, cultural resources, and other topics. Your anonymous answers will be presented to the Council and Planning Commission in January 2015, and will help draft the goals and policies of Normandy Park's 2015 Comprehensive Plan update. The Comprehensive Plan is required by the Growth Management Act (RCW 36.70A). It was developed to address growth and maintenance of the physical character of the city over a 20-year period.

Why did we include the questionnaire in this magazine?

This magazine is mailed to every household in Normandy Park, which helps ensure that every resident has access to this questionnaire. With that said, if you hear that a neighbor did not receive this magazine and questionnaire, please call, email or stop by City Hall and let a staff member know. We want to make sure that everyone's voice is heard, because it's imperative that we work together to ensure Normandy Park continues to be the place we love to live, work and play. This stems from feedback I receive every time a major issue arises. Our residents want to be heard. They deserve to be heard. And they want their opinion to count. They also want a plan for Normandy Park's future. Let's get it started with this survey.

Once you complete the survey, please return it to City Hall through email, fax or in-person. The City's contact information is on the survey. You will also have the opportunity to voice your opinion and provide feedback at a public hearing at City Hall on December 1st from 3:00 pm to 7:00 pm. Several other public hearings have been scheduled during Planning Commission meetings in early 2015. In addition, you can share your input through email, by calling or stopping by City Hall.

Let's shape Normandy Park's future together.

City Brags

Debbie, you really are awesome. Thank you so much for all of your help with the arts festival, the celtic festival, and all of the other things that we demand from you.

The city is extremely understaffed for a city of its size, and yet **Maryanne** was helpful and patient.

A great job by **Public Works staff** on backfilling the sidewalk on SW Normandy Rd.

CONTACT YOUR CITY COUNCIL



Doug Osterman 206-878-2578 Doug.Osterman@ ci.normandy-park.wa.us



Mike Bishoff 206-679-4720 Mike.Bishoff@ ci.normandy-park.wa.us



Shawn McEvoy 206-242-8272 Shawn.McEvoy@ ci.normandy-park.wa.us



Kathleen Waters 206-383-6620 Kathleen.Waters@ ci.normandy-park.wa.us



Thanks!

Stacia Jenkins 206-779-9540 Stacia.Jenkins@ ci.normandy-park.wa.us



Tom Munslow 206-824-5454 Tom.Munslow@ ci.normandy-park.wa.us



Susan West 206-818-6945 Susan.West@ ci.normandy-park.wa.us

MONTHLY MEETING CALENDAR

Council Meeting 2nd Tuesday, 7pm Council Study Session

Council Study Session (if necessary)

4th Tuesday, 7pm

Arts Commission 1st Tuesday, 7pm

Metropolitan Parks District

2nd Tuesday, 6:30pm

Civil Service

3rd Tuesday, Noon

Park Commission

3rd Wednesday, 7pm

Planning Commission

3rd Thursday, 7pm

Using the Sun Year Round

By Councilmember Kathleen Waters

WITH THE WARMEST SUMMER ON RECORD BEHIND US let's take a look at how to use the sun to warm us during the cooler seasons. I think lots of us assume solar power is something we can't afford. Many of us don't know the advantages that we can reap from tax credits and incentives (yes, they are different) when we add solar energy as a power source for our homes.

Washington has some of the strongest incentives in the country. The average solar installation is covered primarily by incentives. Tax credit (not just a deduction) at the rate of 30% of the total installation cost is available from the federal government. This includes an expanded time-period credit that can be used over a several year period if the buyer is not eligible the year of purchase. Did you know that the state of Washington pays for every kilowatt hour (kwh) produced in your home or business even if you consume the energy on site? The state will do so until June 30, 2020. Further, the state will pay up to \$.54 per kwh of solar energy. At first glance, this may sound like an insignificant savings, but the average cost per kwh from Puget Sound Energy is about \$.11. With kilowatt hours being rung up on our bill every hour of the day then, \$.54 begins to sound like a significant savings. Also, there's an additional benefit offered by the state because no sales taxes are added for any system that produces under 10,000 kwh per year. In Normandy Park, some vendors estimate the average to be 9,000-11,000 kwh/year depending on the site conditions.

According to one industry analyst, Aimee Carpenter of SolTerra Systems, the average electrical usage in Normandy Park is about 35–40kwh/day. The average solar installation covers anywhere from 25%–60% of a home's usage. Carpenter's experience with clients in Normandy Park puts an average installation somewhere between \$20,000–\$40,000 before incentives and tax breaks. This estimate considers variables that include appliance use and efficiency, number of people using power sources in a home, homeowner's motivation

to conserve energy, actual kwh as noted on billing charges, etc. The best news is that thanks to incentive programs, between 60% and 100% of installation costs are covered with incentives!

Installation options influence the total price including the quantity and quality of solar panels, state where panels are manufactured, inverter manufacturer and roof top readiness that varies because of proximity of surrounding trees. Satellite photos are used to help in the rooftop assessment.

One more point in reviewing solar energy is Net Metering: a contract that allows you to trade your power with your utility company at retail rates. Your power bill is credited for your excess kwh when your system is producing more than you consume. It allows homeowners to not only run our meters forward as they consume power but also to run the electric meter backwards anytime the panels are producing more than the home is using. The power company pays at the going rate of electricity any time the meter runs backward. Between the sales tax exemption, 30% federal tax credit, and 5.5 years remaining on our state's solar incentive program, the average residential rooftop solar installation, according to Carpenter, typically pays for itself in about 6 years. As electric rates increase so do our savings. Net Metering is a state law and has no expiration date.

A special \$0-down solar loan program benefits many who previously chose to forego solar systems. In Normandy Park, the average payment per installation is between \$150-\$300/mo.

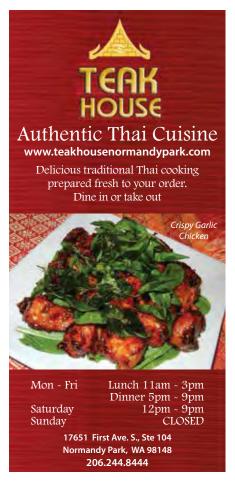
Financing a solar system is an option that entails not only checking the initial costs with the long range benefits but we need to look for grants, rebates and group purchase rates. Group purchase sounds like something to explore here in NP as we have several neighborhoods where trees are minimal and clustered homes have wide open roofs. Roof top panels purchased from state manufacturers are available at reduced prices.

Reese Clippard, a co-founder and CEO of A&R Solar, likens purchase of solar a system to purchase of a new car. Quality, benefits and features vary according to the customer's choice. He also notes that the lifetime of solar panels is usually in the 20+ year range. When calculating outgoing payments or total costs, if our installation cost is paid off in 5–15 years it's obvious that the solar system will be bringing us free energy for a length of time that greatly exceeds the end of payments and before the end of the lifetime of the solar panels.

Solar energy will be around as long as the planet so maybe it's time we looked at partnering with the sun to clean up and sustain the environment right here at home.

Puget Sound Energy Link:

 https://pse.com/aboutpse/ EnergySupply/Pages/Solar-Power.aspx



Major Comprehensive Plan Update Kicks Off!

IT'S TIME TO UPDATE THE CITY OF NORMANDY PARK'S COMPREHENSIVE PLAN and your participation is needed. A survey is inserted in this edition of the City Scene, is available at the front desk at City Hall and on the City's website (www. normandyparkwa.gov). Your feedback is valuable to the shaping of Normandy Park's future. The survey closes on January 1, 2015 so be sure to submit your answers before then. Printed forms can be mailed to City of Normandy Park Comprehensive Plan Survey, 801 SW 174th St., Normandy Park, WA 98166 or dropped off at City Hall during office hours or left in the night drop located next to the entrance to City Hall.

The Comprehensive Plan is developed and updated to address growth and maintenance of the physical character of the City over a period of 20 years. The plan also incorporates goals and policies that address applicable King County Countywide Planning Policies (KCCPP). The City of Normandy Park was incorporated in 1953 and adopted its first comprehensive plan in 1957. The comprehensive plan is required by the Growth Management Act (RCW 36.70A) to be updated every eight years The 2015 Comprehensive Plan update will be Normandy Park's fifth significant update.

As part of the 2015 Comprehensive Plan update, the City Council approved a resolution for a work and public participation plan per RCW 36.70A (GMA). The proposed work plan, public participation strategy, and how you can be involved can be found on the city's website www.normandyparkwa.gov.

The first Comprehensive Plan update Open House is scheduled for December 1, 2014 at City Hall from 3:00 pm to 7:00 pm. Learn more about the Comprehensive Plan, the update process and your role as a Normandy Park resident. Surveys will be available at the open house. Watch for a schedule of other opportunities for the public to provide input during 2015 as we present our work.

COMPREHENSIVE PLAN – land use document that provides the framework and policy direction to manage where and how growth needs are met. Plan elements address land use, housing, capital facilities, utilities, rural/natural resources, transportation, economic development, environment, cultural resources, and other topics.

Council meets on the 2nd Tuesday of each month at 7pm at City Hall in the Council Chambers at 801 SW 174th St., and holds a second meeting on the 4th Tuesday as needed. Receive City Council and all Board & Commission meeting agenda packets in advance of the meeting online.

August 2014 Activity

- Approved Arts Commission, Civil Service, Economic Development Committee, Park Commission, and Planning Commission Missions and 3-year Work Plans
- Approved two Purchase and Sale Agreements for properties in the Beaconsfield/Puget Sound Nearshore Project
- Approved the Memorandum of Understanding with Puget Sound Energy relating to new construction being free of cross bores (gas pipe going through utilities in the right of way)

September 2014 Activity

- Approved the Facility Planning Task Force Charter and extended the application due date to October 1st
- Authorized staff to move forward immediately with window repairs and breezeway asbestos abatement in the recreation building with direction to staff to obtain additional estimates on a fire warning system
- Adopted a resolution in support of the Highline School District Capital Bond by a majority of 4 – 3
- Authorized the City Manager to execute a contract with Colin Baenziger and Associates to complete the hiring process of Normandy Park's next Administrative Services Director

City staff and WSDOT are currently coordinating projects planned for Construction in 2015. WSDOT will be advertising in January 2015 for the overlay of 1st Ave S (SR-509) from the intersection of S 174th St to SW Normandy Rd. The planned overlay construction is for the summer of 2015 as night work to lessen the impact to residents and business operations. Approximately 14,000 to 18,000 vehicles use this road each day. Traffic volume decreases to about 100 vehicles per hour after 8:00 pm. The current peak hours of use has about 1,400 vehicles per hour.

The City has planned construction on SW Normandy RD for the Manhattan Village sidewalk project during the same time period.

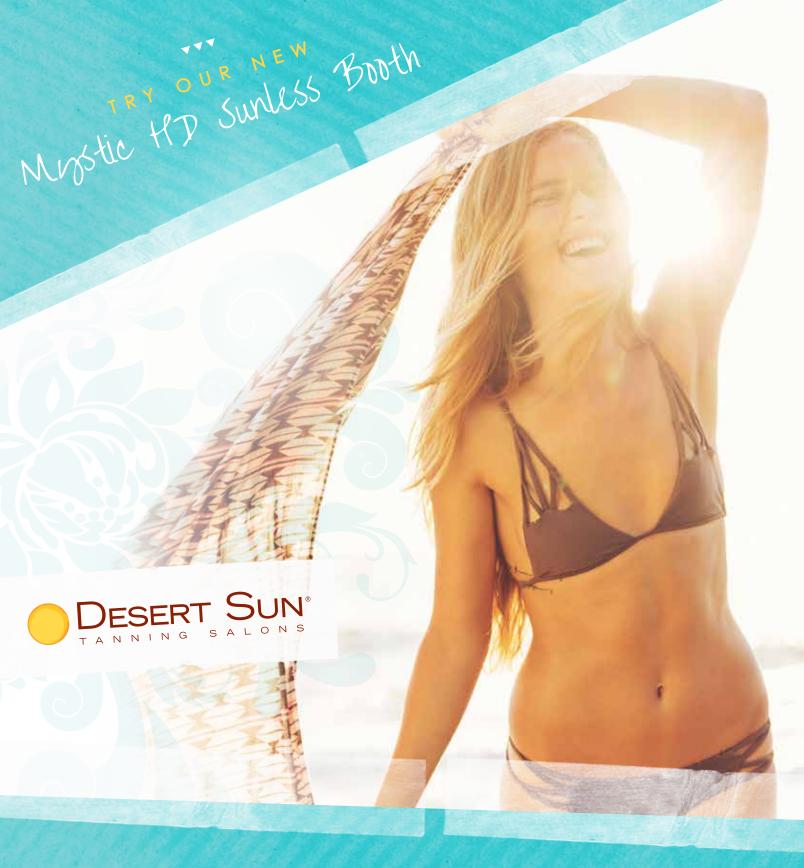
Staff will be posting the WSDOT link to the Public Works web page to keep you updated on the schedule and coordination of the projects. We appreciate your patience during construction. If you have questions or concerns please contact: Maryanne Zukowski, P.E., maryannez@ci.normandy-park.wa.us, or phone 206-248-8256.

- Postponed discussion to approve the salary proposal until the budget has been reviewed
- Adopted a resolution initiating the 2015 Comprehensive Plan update

For additional information on staff and council reports at this meeting, listen to the audio recording online. Meeting minutes will be available online following adoption.

October Docket for Council: Des Moines Memorial Drive presentation, annual resolution to cancel unclaimed checks, review the Comp Plan Public Survey, resolution to update indigent defense, Facility Planning Task Force member selection, City Manager presentation of the 2015–16 Biennial Budget, and appointments to a Council Communications Committee.

October Docket for Metro Park District: 2015–16 Biennial Budget, and Des Moines Senior Services Interlocal Agreement.



Normandy Park

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PURCHASE

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How to Get Informed

- www.normandyparkwa.gov
- · City Scene Magazine
- Sign up for e-notices look for the link on the City's homepage
- "Like" the City of Normandy Park and the Normandy Park Police Chief on Facebook
- · Stop by City Hall
- Look for bulletin boards around Normandy Park

How to Get Involved

- City Council meets on the 2nd and 4th Tuesdays of each month unless otherwise posted
- Join one of the City's boards and commissions
- Volunteer either through the City or other community organizations
- Vote



The City of Normandy Park encourages all citizens to consider involving themselves actively in local government by serving on a City Board or Commission. Applications for appointment are currently being accepted for a vacant position for full and unexpired term on the Board of Park Commissioners, a full term on this Commission is for seven years.

The Board of Park Commissioners meet on the 3rd Wednesday of every month at 7:00 p.m. in the Council Chambers at City Hall.
The seven member board was created to advise the City Council on matters regarding the expansion and operation of city parks and recreation programs. The volunteer Park Commissioners are appointed by the Mayor, with consent of the City Council, on the basis of their demonstrated interest in or their knowledge and support of the business of the City (NPMC

Applications can be submittaed online and are available at city hall, on the city's website www.normandyparkwa.gov, and will be emailed or mailed upon request by calling 206-248-8248. The application deadline for this vacant position is November 24, 2014.

Contact Debbie Burke, City Clerk at 206-248-8248 for further information.

NO APPOINTMENT NECESSARY!

Plus tax & hazardous waste disposal fee. Synthetic oil, heavy duty trucks & some models additional.

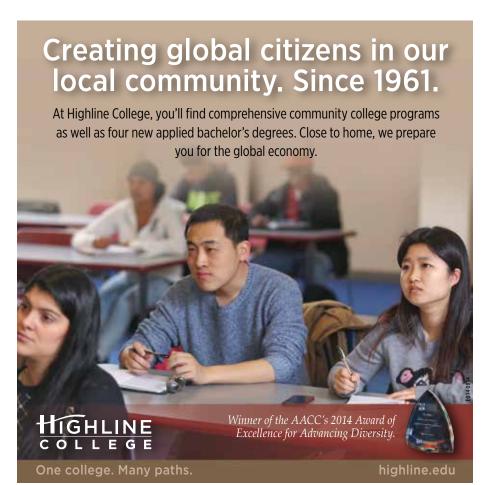
PLEASE PRESENT COUPON when service order is written. Cannot be combined with any other coupons, discounts or specials. EXPIRES 12/30/14





August 30th Meet and Greet Raffle Winners

Kelly Daviscourt won a \$100 Dunn Lumber gift card and Rebecca McIvor and Greg Lathrop each won a \$50 gift card from Ace Hardware during last month's Meet & Greet with our city manager, Glenn Akramoff. Vicki Marsten won a composting bin, also from Ace. Thank you to Dunn Lumber and Ace Hardware for providing the prizes!





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Left: Normandy Park Police Employees holding a "12" flag during their 3rd Annual Staff Meeting at CenturyLink Field on July 29, 2014. Right: Councilmember Tom Munslow, Councilmember Mike Bishoff, Mayor Susan West and Councilmember Shawn McEvoy.

Reserve Police Officer Nate Betts

Many of the readers of the Normandy Park City Scene Magazine already now about Nate Betts and all the hard work he provided to the City. Nate put himself through our full 14 week Field Training Program and at the end of it was a solo-qualified Reserve Officer. This meant he was able to patrol Normandy Park without being accompanied by a commissioned officer. Even after his Field Training Program, Nate continued to put in around 30 hours of patrol time per week. This was all volunteered time. Nate did not get paid while he worked for us. What Nate did receive was valuable work experience. I am excited to pass along that Nate has accepted a job with the Mountlake Terrace Police Department. It was always Nate's hope to get back into full-time law enforcement and he was able to find the right fit with the Mountlake Terrace PD. It is unfortunate that we did not have a position available for Nate because he would have been a turn-key employee.

His law enforcement family would like to thank him for his service to the citizens of Normandy Park. We wish him a long and successful career with Mountlake Terrace PD. They are lucky to have him.

Council Police Academy

On Saturday, September 20, 2014 four members of the Normandy Park City Council participated in the first ever Council Police Academy. Mayor Susan West, Councilmember Shawn McEvoy, Councilmember Tom Munslow, and Councilmember Mike Bishoff spent three-and-a-half hours on a beautiful Saturday afternoon learning more about their Normandy Park Police Department. All four Councilmembers were put through actual Police training scenarios. During their shift, they would respond to a noise complaint and a suicidal subject call, make one traffic stop, respond to a burglary in progress and participate in emergency vehicle operations training.

I would like to personally thank these Councilmembers for their participation. It was a wonderful event and it was great for the members of the Normandy Park Police Department to connect on a personal level with some of the Councilmembers. I would also like to thank the other volunteers who assisted with this training. In particular, I would like to thank Dr. Kevin St. Jacques who donated his time to be an actor for the Crisis Intervention/Mental Illness scenario.

Officer's Lievero, Hayes, and Hedrick recently arrested two burglary suspects, from two different burglaries, and were able to return several pieces of stolen property.



CrimeMapping.com and Police Blotter

Lately, there have been several questions from citizens about crimemapping.com and the calls for service report (Police Blotter) that used to be e-noticed and posted online.

Crimemapping.com was a service that was paid for by the Fife Police Department. Fife PD paid crimemapping.com for the ability to post their call data onto the internet. Normandy Park's calls for service were included as part of our dispatch contract. When we left Fife PD and started with the Port of Seattle Police Department for dispatch services in July of 2014, we lost the ability to have our calls for service posted. This feature could be available through the Port of Seattle, but it would require Normandy Park paying for the service, and the Port of Seattle IT Department allowing the service on their network. We currently do not have this service in the 2015-2016 budget.

The calls for service report, aka police blotter, was always an "as time permits" service. There have been times recently where we have lapsed in providing the updated reports because of lack of staff time. Due to time and staffing constraints we will no longer be creating these reports. These are not reports that can be easily created. It is time and labor intensive, and while nice to have, wasn't critical to the daily operations of the Police Department.

The Police Department is currently undertaking a staff reorganization to better account for the mandatory daily responsibilities. For the time being, these services (Police Blotter) will not be added back into the workload of our non-commissioned staff. The Police Department Administration will look at these practices again in 2015 to see if they could be fit back into the services we provide. In the meantime, we encourage you to utilize social media and e-notices to receive updates from the Police Department. You do not need to be a follower to view posts on Facebook or Twitter.

Start your New Year off right, make an investment in yourself!







SIGN UP FOR WINTER & SPRING CLASSES

Make Your Dreams a Reality:
The Power of Vision Boards

Sunday, Jan 11, March 1 & April 19, 2-5pm Normandy Park Recreation Center

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LAUREEN ROGERS, a Professional Life Coach, will guide you through a creative process designed to ignite your dreams and turn them into reality.



Call today to register for an upcoming class or to schedule your free coaching consultation

206-218-8304

Email: transformations-llc@comcast.net

Gift certificates available for your loved ones this holiday season!





Household Preparedness

- 1 Gallon of water, per person, per day. This does not account for the water needed to cook/ prepare foods.
- Do not forget about your animals, they may need a water supply as well.
- · First Aid kit.
- Flashlight Don't rely on your cell phone. If a power outage is for an extended time, you may not have enough battery left to power the flashlight feature.
- · An old-fashioned alarm clock.
- An old-fashioned landline phone. Your modern landline phones probably will not work during a power outage.
- Never use generators, outdoor heating or cooking equipment, such as grills, camp stoves, a gas or propane heater indoors.
- Install a battery-powered Carbon Monoxide detector. If

- your detector goes off, seek fresh air and call 911 once you are outside the building.
- An AM Radio (hand crank or battery powered).
- A battery powered cell phone charger.
- Develop a neighborhood resource list with your neighbors. The time to get to know them is not during an emergency. Be brave and introduce yourself if you don't already know them. Find out what items they might be able to share during an emergency and vice versa. Who knows, you might learn they have a generator and would be willing to let you come over during a power outage.

Vehicle Preparedness

- Water and snacks. Keep these hidden away so you can't reach them during your normal commute. They should be there if you need them in an emergency, not because you skipped breakfast.
- · First Aid kit.
- Don't let your fuel tank drop below 1/2 full. You never know when you are going to be

stranded on I-5 for six hours.

- An extra set of clothes. You may need them to keep you warm, or they may come in handy if you get stranded at a friend's house and cannot make it home.
- Test fit your chains in October.
 A snow storm is not the first time to see if they fit. Oh yeah, keep them in your car! They don't work on your garage shelf.
- Keep an old sleeping bag in your vehicle between November and March.
- Change your wiper blades in the Fall.

Remember we are helping you prepare for the worst event. It is always nice to be pleasantly surprised that you didn't need everything you had prepared. Once the smoke clears from the current storm or natural disaster, take the time to critique your response. Did you have all the food you needed? Was there a comfort item you would have liked to have had during the power outage?

For more information visit www.ready.gov.



Winter Driving Tips

Drive for conditions—slower speeds, slower acceleration

Use your headlights

Do not use cruise control

Leave extra room between you and the vehicle in front of you

Slow down when approaching intersections, offramps, bridges and shady spots

If you find yourself behind a snowplow, stay behind until it is safe to pass

If you are approaching an oncoming snowplow, slow down and give the plow a little extra room

Protect yourself and your passengers. Allow extra time to reach your destination during inclement weather.

NPPD is Hiring

THE NORMANDY PARK POLICE DEPARTMENT WILL BE HIRING a Police Officer in early 2015. This is not an additional position, but a replacement of Sergeant Larry Laswell's position. Sergeant Laswell started with the Normandy Park Police Department in 1979 as a Reserve Police Officer and became full-time in 1980. Sergeant Laswell's last day will be February 28, 2015. An article to recap Sergeant Laswell's career will come in a future edition of the City Scene Magazine. This article is a call to readers who may be interested in applying for a position with the Police Department. The opening now is for position of Police Officer. The vacant Sergeant position will be filled by an internal promotion.

We use PublicSafetyTesting.com for our new full-time employees. If you or anyone you know would be interested in applying, visit the website and follow the instructions for completing the testing process. Testing should be concluded by December 15, 2014. The initial qualifications are as follows:

- Must be at least 21 years of age
- US Citizen
- High School Diploma or GED
- Valid Driver's License
- · No Felony Convictions as an Adult
- No Felony Convictions as a Juvenile
- Ability to read and speak the English Language

Our agency also requires that one of the four following statements be answered with a YES, in order to be eligible to apply for the position of Police Officer:

LATERAL: Graduated from a police academy approved by the Washington State Criminal Justice Training Commission; and have a minimum of 24 continuous months of full-time commissioned police service within the last 36 months with a municipal, county, or state law enforcement agency; or currently employed and have successfully

completed field training and probationary period with a law enforcement agency. -OR-

MILITARY POLICE: Served as a Military Police Officer for a minimum of 24 months and have graduated from a Civil Service approved military police training academy.

OR-

CERTIFIED PEACE OFFICER: Graduated from the Basic Law Enforcement Academy or Reserve Police Training Academy certified by the Washington State Criminal Justice Training Commission.

OR-

COLLEGE: Successfully completed, from an accredited college or university, a minimum of one year of college study with 50% of courses in law enforcement, criminal justice, or police science; or two years of college study, 90 quarter hours or 60 semester hours.



COMING SOON!

Women's Self Defense Course

WHEN: December 2014
Class is 12 hours in length
Wednesday, December 3rd 6pm-9pm
Thursday, December 1th 6pm-9pm
Wednesday, December 10th 6pm-9pm
Thursday, December 11th 6pm-9pm

This program is presented by the Normandy Park Police Department and is taught using the nationally recognized RAPE AGGRESSION DEFENSE SYSTEM (RAD).

The RAD System is a detailed and comprehensive course for women that starts with crime prevention. risk reduction and avoidance, while progressing to the basics of hands-on self-defense. This program is dedicated to teaching defensive concepts and techniques against various types of assault, by utilizing easy, effective and proven self-defense tactics. This course is taught by certified instructors in the area of women's self-defense. Space for this course is limited. There is no cost to attend this training. To reserve a space or for questions please contact: Officer David Bond or Officer John Lievero davidb@ci.normandy-park.wa.us johnl@ci.normandy-park.wa.us (206) 248-7600 www.rad-systems.com

Vacation House Checks

Our Vacation House Check program has been around for many years and is very popular with citizens who are familiar with it. To get signed up for a vacation house check, follow these simple steps:

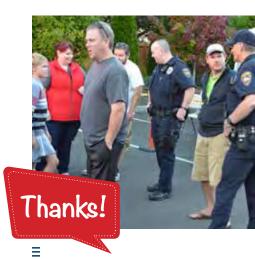
Call 206-248-7600 to report when you will be leaving/returning, and then answer a few simple questions like what lights you will leave on and who may be stopping by during your leave.

Enjoy your time away from Normandy Park. Call 206-248-7600 when you get back

to confirm you have arrived home. This is especially important if you come home early. We don't like surprises when we are doing perimeter checks!

While you are away, Normandy Park Officers will conduct visual and physical house checks during their patrol shifts (as time and calls for service allows). We will be checking for any suspicious activity around your home and if we notice something out of the ordinary we will be in contact with you or your emergency contact to discover if a crime has been committed.

If you would like to find out more about the Vacation House Check program, please contact the Police Department at 206-248-7600.



The Police Department enjoyed meeting everyone at the 3rd Annual Zombie Fest. We hope everyone who attended learned new emergency preparedness techniques. We look forward to seeing you at Winterfest on December 7th.

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Renovating and Building Fine Homes in Normandy Park Since 1952

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22211 Marine View Drive South Des Moines, Washington 98198

Bald Eagle FACTS

By Andy Batcho

HAVE YOU SEEN THE BALD EAGLE PAIR that often frequents the Normandy Park area? The Normandy Park pair has a nest in the top of a huge fir tree near the Southwest Suburban Sewer District and seemed to have moved into the area about 15-years ago when salmon started returning to our local streams.

Here are a few Bald Eagle facts to help you enjoy these magnificent birds:

- The bald eagle (Haliaeetus leucocephalus) is a member of the sea and fish eagle group. At one time the word "bald" meant "white". Bald Eagles are not bald, but have white feathers on their head.
- Color Both male and female adult bald eagles have a blackish-brown back and breast; a white head, neck, and tail; and yellow feet and bill.
- Juvenile bald eagles are a mixture of brown and white. They reach full maturity in four to five years.
- Size The female bald eagle is 35 to 37 inches tall, slightly larger than the male.
- Wingspan ranges from 72 to 90 inches.
- Bald eagles can fly to an altitude of 10,000 feet. During level flight, they can achieve speeds of about 30 to 35 mph.
- Bald eagles weigh from ten to fourteen pounds.
- Eagle bones are light, because they are hollow.
- The beak, talons, and feathers are made of keratin (like your fingernails)
- Bald eagles have 7,000 feathers.
- Longevity Wild bald eagles may live as long as thirty years.
- Bald eagles sit at the top of the food chain
- Lifting power is about 4 pounds.
- Diet Mainly fish, but they will take advantage of small mammals, birds and carrion (dead and decaying flesh).
- The bald eagle is a strong swimmer, but if the water is very cold, it may be overcome by hypothermia.
- Hunting area varies from 1,700 to 10,000 acres. Home ranges are smaller where food is present in great quantity.

- All eagles are renowned for their excellent eyesight.
- Nests. Bald eagles build their nests in large trees near rivers or coasts. A typical nest is around 5 feet in diameter. Eagles often use the same nest year after year. Over the years, some nests become enormous, as much as 9 feet in diameter, weighing two tons. Even when a nest tree falls or a strong wind blows a nest down, the established pair usually rebuilds at or near the site within a few weeks if it is near the breeding season. Eagles are territorial
 - during nesting season. They will keep other eagles out of their own nesting area. Their nesting territory is usually one to two square miles. Pairs of bald eagles have been seen
- whirling through the air with talons locked together. This could be a form of courtship or a ritualized battle between an intruding eagle and one defending its territory. On rare occasions, bald eagles have remained locked together by their talons long enough to fall to the ground. Eyewitness accounts tell of two talon locked eagles falling into a bush beside a person's home. They remained locked for about eight hours, and then unlocked and flew away. Another case reported in a Georgia newspaper article, tells of a locked pair falling to the ground in a golf course. They were stunned by the fall and remained locked for several hours. Only after one eagle was touched by a bystander, did they unlock and fly away.
- An eagle reaches sexual maturity at around four or five years of age.
- Fidelity Bald eagles mate for life, but when one dies, the survivor will not hesitate to accept a new mate.
- Mating season varies greatly by region. In the South it may last from late September through November, while in the Great Plains and Mountain West, it may last from January through March. In Alaska it lasts from late March to early April.
- Eggs In the Vancouver area eggs are laid in late March and early April. Bald eagles lay from one to three eggs.



- Nesting cycle -The 35 days of incubation duties are shared by both male and female, but it is the female who spends most of her time on the nest. Trading places on the nest can be a tense time. The brooding parent may have to call for relief, or may be reluctant to leave and have to be pushed off the eggs or young. During incubation, the male bald eagle regularly brings green sprigs of conifer branches to the nest. Why he does this, no one knows, but it could be for deodorizing the nest or possibly providing shade for the eaglets. During incubation, 98% of the time one parent remains on the nest; not only to keep the eggs warm but to protect them from squirrels, ravens, racoons and gulls which will break open and eat the eggs. If the adults leave the nest unattended too long, it can be consequential for the eggs. Diverse weather conditions could impact the temperature of the eggs; leaving the eggs nonviable.
- Only fifty percent of Bald Eagle fledglings will survive their first year.
- Today, there are an estimated 9,789 breeding pairs of bald eagles.
- Eagles molt in patches, taking almost half a year to replace feathers, starting with the head and working downward.
- The bald eagle became the National emblem in 1782 when the great seal of the United States was adopted.
- Causes of death Fatal gun shot wounds, electrocution, DDT, poisoning, collisions with vehicles, and starvation.



Fall Tree Management

By Stephen Higgins, ISA certified arborist, owner of Living Green Tree Care and Normandy Park resident.

FALL IS OFFICIALLY HERE, winter is right around the corner, and with these seasons comes the potential of strong windstorms. Many of us can recall previous windstorms, the wrath they imposed on our trees and subsequent damage to our homes and property. Preparation for the gusty season is key.

The first step in preparation is to complete a risk assessment of the large trees on your property and those in close proximity to your home or other structures. A tree risk assessment considers three factors: the potential for tree failure, the environment that might contribute to failure and potential consequences of failure, that is, property damage or injury.

Inspecting trees for failure potential involves more than a casual stroll among them. Assessing tree risk requires knowledge of tree structure and physiology and ability to discern the difference between a minor defect and significant weaknesses that are likely to result in tree failure. An important component to arboriculture and work of arborists is risk identification and risk management. The ability to predict tree failure is limited, but with proper training, arborists learn to identify characteristics that have been associated with tree failure. Structural defects that can lead to failure are not always visible, especially those inside the tree or beneath the ground, and the forces of nature that will act upon them are unpredictable. A certified arborist will be familiar with:

- ~tree species and typical modes of failure
- ~normal growth traits
- ~structure and form
- ~signs of decay

For example, examining dieback, gaps, or discoloration of leaf in the crown, tree lean, trunk taper, root collar and the root zone are important when determining the health and vitality of a tree.

The second step is risk mitigation or reducing the potential for tree failure. Certainly there are associated risks with trees and hopefully maintenance is a high priority for property owners to manage the risk to an acceptable level and preserve their beautiful assets. Effective forms of maintenance to reduce the likelihood of limb or tree failure include pruning, cleaning (removal of dead limbs) and selective thinning (removal of high-risk, weak or overcrowded limbs). Tree support systems can be installed to sustain weak limbs often in conjunction with cleaning and selective thinning. I prefer to install a non-intrusive, dynamic cabling system, which is non-rigid and made of synthetic fiber. High-strength tree straps and upwards of a nine-ton rope connect and support the weak branches, yet allow for some tree sway and the natural growth and strengthening of supporting wood fiber.

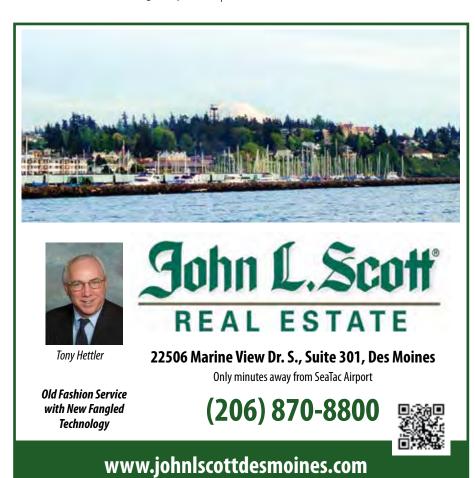
We have many beautiful, mature trees in Normandy Park that have weathered more than fifty years of heavy storms. There is no need to panic if you have a big tree on your property. Nonetheless, if you have concerns, consider having a certified arborist complete a tree risk assessment and mitigation plan.

By Earnest Thompson, Parks Commissioner and Washington Native Plant Steward.

If you take a walk to Nature Trails Park, you may notice your Metropolitan Park District tax money being put to work. From now until the end of the year, staff from the Washington Conservation Core (WCC) are pulling invasive weeds from Nature Trails Park. Those piles of ivy and blackberry bushes mean we are finally restoring Nature Trails Park to its native condition. We look forward to the restoration of native flora and habitat. Feel free to give a thumbs up to the WCC members as they go about their hard and laborious jobs and stay tuned for further updates on Nature Trails as they develop.

By Elissa Ostergaard, King County Basin Steward
Over 30 adventurous volunteers signed up to
participate in CSI salmon surveys in Miller and
Walker Creeks this year! Surveys started on October
8th, and will continue through December or January.
So far, volunteers have spotted nine adult coho
returning to Miller Creek to spawn. Check the MillerWalker CSI website for updates later next week!

These projects are a joint effort of the City of Normandy Park, the City of Burien, the City of Seatac, King County, the Port of Seattle, and the Miller and Walker Creeks Stewardship program.



Des Moines – Normandy Park ACTIVITY CENTER

Celebrating Fun, Friendship and Feeling Fit

2045 S 216th, Des Moines WA 98198 206-878-1642, Monday-Friday 9am–4pm Mail: PO Box 98576, Des Moines WA 98198

The Activity Center specializes in creating a sense of community for older adults in the communities of Des Moines and Normandy Park by collaborating with community partners to provide programs and services that enhance the experience of being an older adult and meet successful aging tactics: maintaining physical and mental well-being, building and maintaining relationships and participating in life-enriching programs.

Call or check out the website for fitness and movement class dates:

- ENHANCE FITNESS Stay in balance by enrolling in this award winning program featuring fun, dynamic cardio-vascular exercises, strength training and a focus on balance and stretching.
- DANCE FOR
 PARKINSON'S Designed
 for individuals with
 movement disorders—
 resumes in January.
- LINE DANCING a blend of fun & movement while learning old and new dances
- YOGA & KIGONG classes are slated to resume in January 2015 with new instructors. More details available in December.
- MAKE YOUR FALL & WINTER MEMORABLE by trying out Indoor Sky Diving, touring the Paramount

Theatre or USO Sea-Tac Center, meandering through the Tacoma Art Museum's new Western Art Wing, and top off the December holidays at the outing to the Festival of Trees!

 Treat yourself and spring for a MARINER'S SPRING TRAINING TRIP in March, an exhilarating trip to Ireland or take in April's Cherry Blossoms in Washington DC.

A full listing of trip opportunities is available by calling 206-878-1642 or checking out the current Des Moines Normandy Park Activity Center newsletter on either the City of Des Moines or City of Normandy Park's website!

 SAVE THE DATE: Create a Care Plan for a Loved One with Dementia Monday, February 9, 11am at the Activity Center

Equip yourself with information for the challenges ahead. The presentation covers social and mental wellness, physical health, education and financial resources. Presented by David Wolfe, Geriatric Mental Health Specialist at Cascade Behavior Hospital. Note: Assistance with care for your loved one is available while you attend this presentation call 206-878-1642 for details.



Holiday Sparkle for Homebound Seniors

Your donations will jazz up deliveries to over 30 Meals on Wheels clients in December. Donations are accepted during the Activity Center's business hours. Suggested items include: poinsettia 4" pots, winter window decoration, gift packets of tea, cocoa or coffee, small tins of cookies or "soft" candy (individual size packets), kleenex, hand lotion, chapstick, 2015 pocket calendar, and notepads.

Desperately Seeking Volunteer Drivers

Drivers needed to give back to the community with their hands on the Hyde Shuttle's wheel. The Hyde Shuttle, managed by Senior Services provides seniors and residents with disabilities in Normandy Park, Des Moines, and Burien safe and reliable transportation for needed socialization, errands, appointments and recreational activities. Clients describe the program as a "lifeline" for maintaining their independence. Drivers receive free training in defensive driving and passenger assistance and no special license is needed! Contact Hilary at hilaryc@seniorservices.org or learn more by visiting www.seniorservices.org/transportation!

Pool Master Plan in the Works

By Gene Achziger, Pool District President

IT HAS TO BE HARD TO BE AFRAID OF WATER if one lives in Normandy Park or Des Moines.

Both cities were founded specifically due to their location on Puget Sound and enjoy vast shorelines stretching from near Three Tree Point all the way to Federal Way.

And, neither city has been shy about embracing its aquatic heritage. It just seems natural here that everyone should know how to swim. Whether it is through lessons at Normandy Park's two outdoor summer swim clubs or indoors at Des Moines year around Mount Rainier Pool, it has become a rite of passage that kids here learn to swim.

As Mount Rainier Pool approaches its 40th anniversary in September 2015, it is an appropriate time to reflect on the past and envision the future of swimming for both cities.

To that end, the Des Moines Pool Metropolitan Park District will be developing a master plan in conjunction with the City of Des Moines Parks, Recreation and Senior Services division to map out what aquatics services are needed for both cities.

We already know that preserving swimming is important to the communities after citizens in both cities created metropolitan park districts to ensure that a swimming facility would remain viable. The question we haven't answered is "What's next?"

I think it's a plus that Normandy Park and Des Moines have worked together to maintain a single senior services program, it's only logical that we would also do so to satisfy our communities' hunger for great aquatics programs.

The master plan effort will involve all of the Mount Rainier Pool's stakeholders, not just youngsters needing to learn how to swim or participate in competitive programs.

We're committed to serving those constituents, but we're also looking forward to hearing from seniors and those in the medical community. I'm hearing that there is need for therapy programs for those rehabilitating from medical procedures, as well as those seeking relief from obesity, diabetes and arthritis problems.

As the pool district proceeds with developing its master plan, an advisory panel of Normandy Park and Des Moines citizens will be tasked with overseeing the process.

We want to be sure our entire communities have a voice in this project.







AMENITIES

- 3 Delicious Meals Daily
- **Robust Activities and** Wellness Program
- 24-Hour Staff Assistance
- **Housekeeping and Linen Services**
- **Scheduled Transportation**
- **Whirlpool Spa**
- **Respite and Hospice Services**
- **Pets Welcome**

GREAT LOCATION

Just a few blocks from Highline Medical Center, shops and restaurants and freeway access

JOIN US FOR LUNCH Make your reservation for a complimentary lunch and tour

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Welcome Home

Apartment Homes

Choose from Studios, one-bedroom and two-bedroom apartment homes, each with spacious bathrooms and an emergency communication system for your security.

Memory Care

Responding to growing community needs, construction is underway to offer Today's Memories, our centerpiece of services for those with memory impairment including Alzheimer's disease and other types of dementia. Services will include residential care, adult day care, and adult night specialty programs. Opening Fall 2014!





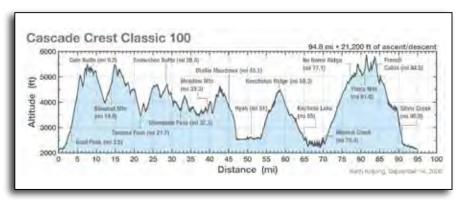
🛕 🔥 Accepting most long-term care insurances

ARTEGAN.COM

Have You Seen This Man???

By former Councilmember Marion Yoshino

If you haven't seen him, look again. Long time Normandy Park resident and running enthusiast TODD FULTZ can frequently be spotted in all corners of our City as he logs his miles. Todd has raced in countless fun runs, relays and marathons over the years, but this August he joined an elite group of runners with the remarkable distinction of completing the Cascade Crest 100 Mile Endurance Run.



Finishing the 100 mile endurance run took Todd 29 hours (29:01:27), which meant navigating steep mountain trails in the dark. And if running 100 miles consecutively wasn't enough, the course includes 21,000 feet elevation gain (one and a half times the elevation gain of Mount Rainier).

Todd says he could never have completed the 100 miles without the help of his pacers, Normandy Park neighbors Patrice Hardy and Ryan Weller, who ran 19 miles and 32 miles of the course respectively. "There were times when I was literally asleep on my feet; they kept me going."

Todd and his wife India have raised two daughters in Normandy Park, Piper and Willow, who now attend Mt. Rainier High School. His comment about the race: "I was sooooo tired."







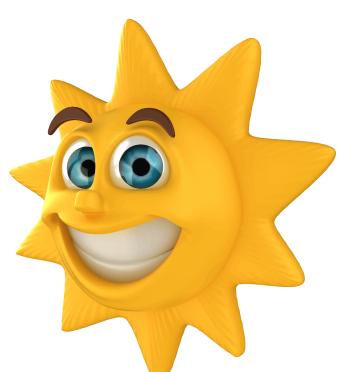


Bottom: Todd Fultz, center right, poses with wife India, far left, and his pacers, Normandy Park neighbors Patrice Hardy and Ryan Weller.

It's ALWAYS



at Mount Rainier Pool





We've filled the Mount Rainier Pool with pumpkins, now we want to fill it with Bulldogs, Sharks and Gators.

Each summer, hundreds of kids learn to swim at the outdoor pools in our area. But fall comes, summer is over, and so, for many people, is swimming.

Not at Mount Rainier Pool. We're your year-'round indoor pool.



Kids can continue working on their swimming skills. Parents can frolic with their young ones. And adults can benefit from water aerobic exercise. On even the coldest winter days, our pool is brightly lit, the building is warm, and the water is refreshing.

Like we say: Summer ain't over until we say it's over! Visit your indoor public pool today.





206.824.4722

www.mountrainierpool.com



MOUNT RAINIER POOL

22722 19TH AVE S DES MOINES

FALL/WINTER 2014-2015 SCHEDULE (begins Sept. 1)								
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:30 - 7:30 am		Lap Swim		Lap Swim		Lap Swim		
7:30 - 8:30 am		Pool Maintenance	Mount Rainier High School/King					
8:30 - 9:30 am		Shallow Water Ex/Lap Swim	Aquatics swim teams					
11 am - 1 pm		Lap/Family swims						
1 - 2:30 pm	Available	Lessons	Lessons	Lessons	Lessons	Lessons	Lap Swim Noon-1 pm	
2:30 - 5:30 pm	for rentals	Mount Rainier/ King Aquatics swim teams	Open Swim 1-2 pm					
5:30 - 7 pm		Swim Lessons & King Aquatics	Family Swim 6 - 7 pm	^{\$} 1 Open Swim (First Saturday only) 2-3 pm				
7 - 8 pm		Open Swim	Water Exercise	Open Swim	Water Exercise	Open Swim	Available for rental 2 (3) -10 pm	
8 - 9 pm		Lap Swim/Exercise		Lap Swim/Exercise		Lap Swim]	



We Are Highline Celebrates Our Community, Students, and Schools

By Tove Tupper, Highline Public Schools Web and Social Media Manager

HIGHLINE PUBLIC SCHOOLS AND THE HIGHLINE SCHOOLS FOUNDATION have launched We Are Highline, a community and social media campaign focused on celebrating the essential role schools play in the community.

"Our schools unite the four distinct cities and unincorporated communities that we serve," said Superintendent Susan Enfield. "We Are Highline celebrates the commitment of businesses, community leaders, and families who have come together to support our students and their education, because we know great schools are the foundation of strong communities."

The focal point of the campaign is the We Are Highline blog, where school staff, families, alumni and community members share their stories about what makes Highline a unique and special place.

We Are Highline spotlights the success of students, teachers and staff, including



Julie Rice, a third-grade teacher at Marvista Elementary School. She admires the community's dedication to the school and students, which is one reason she decided to plant her family in the same community she works. Both her daughter and son are students at Marvista.

"This community is committed to its children and wants to be involved with our children's future," said Julie. "I think because of that support the kids do well, and they succeed."

More of Julie's story can be found on Highline's interactive blog. Supporters can submit their own photos, videos, and stories at wearehighline.tumblr.com, on Facebook or Twitter using the hashtag #WeAreHighline, or by emailing communication@highlineschools.org.

Community support is critical as Highline Public Schools works to meet its ambitious strategic plan that is focused on increasing student achievement, eliminating ineffective out-of-school suspensions, and promoting bilingual education and technology literacy.

The district is making progress. Out-of-school suspensions are down 40 percent, this year's first graders are better prepared than ever before thanks to high-quality, full-day kindergarten, and the district was recently awarded a \$7 million federal grant to continue its work to increase graduation rates.

To learn more about We Are Highline, visit http://highlineschools.org/wearehighline.







By Julie Fry, Marvista Elementary PTSA
Perhaps you have a neighbor that attends Marvista
Elementary, is a Marvista Alumni or you went there
yourself? We'd love to invite you to get involved with
an event that is not only critical to funding Marvista
programs but also benefits the community as a whole by
bringing people together.

Every other year, the Marvista Elementary PTSA holds a dinner and auction to fund two years of programs and activities at our school. Because of our unmatched parent, community and business support, we have been able to fund many of the outstanding programs that make our school so successful. Our theme for the March 7, 2015 auction is "Picture This" and it will be a Hollywood-themed night of fun, glamour, and fantastic auction items. Traditionally, this bi-annual event raises more than \$100,000.

If you would like to be added to the guest list, please contact Kirsten Pangelinan kjspangelinan@gmail.com.



PRESCHOOL OPENINGS!

By Melody Anderson, Preschool Director

NORMANDY PARK PRESCHOOL IS BACK from our summer break and we are in full swing! There have been a couple changes in the preschool staff. First let me introduce myself. I'm Melody Anderson and I'm the new School Director and the Pre-K teacher here. I come with 30 years experience working with children in various settings. It's truly a blessing to me to be able to teach children and prepare them for kindergarten. The next change to the staff was hiring Chelsea to help in our 2 $\frac{1}{2}$ –3 $\frac{1}{2}$ class. Other staff includes Gretchen and Cerise.

We started school off by talking about what being a "friend" means. We learned all about "Elmer the Colorful Elephant" and how he tried to fit in with all the other elephants. We made colorful t-shirts and the children made either African or Asian elephant ears which we made into a headband and went on an elephant parade through City Hall and the gym. They were so cute and did a great job!

Our kids have been learning all about the primary colors and made a book and learned the names of colors in Spanish. We visited the "Touch a Truck" event here in the parking lot. The kids had a blast sitting up in the dump truck, garbage truck (even getting to honk the horn), police car, etc. A lot of our parents came to that too and took pictures. It is always fun to connect with our community!

We have learned about farming and went on a field trip to Remlinger Farms in Carnation. What a fun time we all had! It was a very proud moment for me there when the farmer asked the big group (from various schools) what a baby goat is called and one of my students was the only one that raised his hand and had the right answer, a kid is a baby goat.

The classes have been doing science experiments in class and many more activities ahead. We have a couple more openings here at the preschool so if you're interested call City Hall for more info. We have a lot of fun here at the Preschool and would love to have your kiddos here too!





OPEN

NIGHT

MIC

LIGHT THE PARK CONTEST

By Arts Commissioner Nadia Counter

Are you the keeper of the lights? The guru of garland? Then you should enter LIGHT THE PARK by decorating your home for the holidays. Houses within Normandy Park city limits are eligible for this free event if decorated prior to December 16th. No need to fill out any paperwork. Judging will take place the evening of December 16th between 6 and 9 PM by representatives from the City of Normandy Park Arts Commission and the Normandy Park Police Department. The following is the judging criteria:

Originality: Unique design and creative use of lights and decorations

Arrangement: Display, quantity and placement of decorations

Theme: Storyline or scene

Overall: Overall presentation Winners in each category will receive:

- Mention on the Art Commission website
- Starbucks Gift Card
- · Neighborhood appreciation in promoting the Holiday Spirit

Open Mic!

By Arts Commissioner Amber Nichol

Bongo drums, black berets, thick foamy cappuccinos and

poetry...1968 you say? No way! Second Thursday, I say! Join the Normandy Park Arts Commission for our newest community event, Open Mic night at Normandy Perk Coffee Shop! We are spinning up a monthly event at our favorite art friendly neighborhood coffee shop Normandy Perk. On the second Thursday of each month, you can join your beatnik neighbors playing guitar, reciting poetry, and in the event that your musical skill stayed in the 60's, bring a sketch book and pencil and sketch it up with our still life display! List signups start at 6pm, and the event goes till 8:30. Look for posters around town and come share your talent with the City of Normandy Park and the Arts Commission!

Photos courtesy of Normandy Perk Day Changing Coffee









Bayside Brunch a Success!

For the 15th anniversary of Bayside Brunch, the biggest fundraiser the Des Moines Legacy Foundation hosts for senior and youth programs, it was a THANK YOU to our long time sponsors and attendees. This year's theme, Because of You, gave the foundation the opportunity to say thanks for helping us raise over \$400,000 for senior programs and services and \$76,000 for recreation scholarships for low-income youth. As always, Anthony's Homeport, the major and longest partner provided their outstanding executive chef brunch, volunteer waiters, equipment, and material support.



No Cost Arts Commission Events¹

Holiday Decorating Demonstration

The Cove, 1500 SW Shorebrook Dr Thursday, December 4th at 6:30 p.m.

Kid's Craft at the Cove's Santa Party Sunday, December 7th from 1-3 pm

Save the Date – Arts Commission will host the Annual Arts Festival during the first weekend in May 2015.

Santa at Normandy Park Market

The Des Moines Lions Club has invited Santa to visit children at

the Normandy Park Market every Wednesday through Sunday from December 3rd to December 21st during the hours of 2:00 pm to 6:00 pm. A 5x7 photo with Santa will be \$5.00.







The Normandy Park Economic Development Committee thanks the many ZombieFest sponsors for their contributions towards a great community event—from cash donations, to raffle prizes, pumpkins, food, and kid's emergency kit supplies, as well as the countless number of volunteer hours! And, thank you to all of the people who attended making it such a great success.







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- Weight Loss Program called FirstLine Therapy, an effective therapeutic lifestyle and composition-based weight loss program

MEDICAL AESTHETIC SERVICES

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Come join us for our Pre-Holiday Brilliant Distinctions Event, November 22, 10am-6pm

Featuring:

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Margaret L. Larson, MSN, ARNP, NP-C grew up in Normandy Park and now has returned to live closer to her practice. She had been practicing with her father, Roger K Larson, MD for six years in Burien before he retired two years ago. Family and community are very important to her as reflected in her unique family practice approach to prevention, lifelong wellness and optimal health for individuals and families. Margaret is an active contributor to the Hospitality House Shelter for Women in Burien and Hope Medical Clinic in Uganda.



NORTH DISTRICT - NEAR NORMANDY RD

NORTH DISTRICT – NEAR NORMAND	Y RD
Access Pharmacy	(206) 242-0040
Archie's Mexican Restaurant	(206) 436-0850
Dunn Lumber Company	(206) 242-1010
Emerald Cove Catering Co	(206) 246-5495
Four Star Cleaners	(206) 242-9191
Healthy Nail & Spa	(206) 790-6508
Kid's Country Normandy Park, Inc	(206) 248-5336
Lovely Nails	(206) 244-7221
Lucky Star Consignment	(206)-397-4912
Manhattan Hair Salon, Inc	(206) 790-0809
Normandy Cleaners	(206) 431-5363
Normandy Park Family Dentistry	(206) 244-3941
Optimal Health Chiropractic	(206) 241-3836
Pass It On	(206)-280-7272
Paws In The Park Pet Supply	(206) 242-7387
Quality Food Store - QFC #805	(206) 243-9340
Redbox Automated Retail, LLC	(630) 756-8446
Starbucks Coffee #3334	(206) 318-8705
Teak House Thai Restaurant	(206) 244-8444
The Normandy Park UPS Store	(206) 919-3041
CENTRAL DISTRICT – NEAR 185TH	
Bean Choi, ND, EAMP, PLLC	(253) 508-8918
Cheveux Design	
Gilbert Family Dentistry	
Life Story Counseling and Consultation, I	
Margaret Lacy Therapy	
Ren Acupuncture & Wellness, PLLC	
SOUTH DISTRICT – NEAR 200TH	
	(206) 924 2299
ACE Hardware AD Specialities & Promotions	
•	
Anne Armstrong Therapy, Inc	
Bishop Law Offices P.S.	
Cadar Pivor Foods	
Cedar River Foods	
Colorescience (Deleware), Inc	(200) 012-0004



SOUTH DISTRICT (continued)

Desert Sun Tanning	(206) !	592-8267
Dr. Max Lee, MD	(206) 8	824-2183
Edward Jones Investments	(206) 8	824-9442
Face to Face Euro Spa	(206)	429-3842
Flourish Acupuncture & Wellness LLC	(206) 8	878-8825
International Freight Systems (of WA) LLC		
	(206)	433-2614
Jessica Misner, Psy.D	(206)	747-7274
John D Slightam, MD	(206) 8	824-5555
Law Office of Michael J. Siefkes PLLC	(206)	431-5152
Mia Bella Salon	(206)	431-5652
Millenial Builders, LLC	(206)	429-3884
Mitchell Construction	(253) 2	223-9178
Nails BK & Spa of D LLC	(206) 2	212-6338
Normandy Park Ale House	(206) !	592-6986
Normandy Park Athletic Club	(206) 8	870-9000
Normandy Park Market	(206)	465-6662
Normandy Park Subway	(206)	406-0698
Normandy Perk LLC	(206) 3	359-2582
Northwest Clinic of Chiropractic PLLC	(206)	429-2922
Olympic View Dental	(206)	824-4700
Papa John's Pizza	(206)	248-3333
Pier View Chiropractic, Inc PS	(206)	824-7200
Rite-Line Tax Service	(206)	246-4881
Robert E Parker PhD PC	(206)	240-9880
The Samara Hubner, Inc	(206) 8	878-8875
The Soggy Doggy	(206)	824-6600
Tracy S. Reinhardt, Psy.D	(206)	715-8640

normandy park market

Normandy Park Market is proud to be a supporter of products from great local companies like Molly's! Molly's uses fresh local produce, homemade dressings, naturally raised meats and local ingredients to create some pretty amazing sandwiches and salads that you can find in our deli department! Stop by our deli and try some delicious samples!



WEEK 4

Darigold Half-Gallon Milk



Whole, 2%, 1% or Fat Free



Valid Nov 26-Dec 2, 2014 One coupon per customer. Valid only at Normandy Park Market



WEEK 2

Essential Everyday All Natural Berry Medley



12oz frozen bag



Valid Nov 12-Nov 18, 2014 One coupon per customer. Valid only at Normandy Park Market



WEEK 3

Essential Everyday Pasta Varieties



12-16oz Box

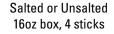


Valid Nov 19-Nov 25, 2014 One coupon per customer. Valid only at Normandy Park Market



WEEK 1

Essential Everyday Butter







Valid Nov 5-Nov 11, 2014 One coupon per customer. Valid only at Normandy Park Marketce!



mark thet

www.normandyparkmarket.com



19805 1st Ave. S., Normandy Park, WA 98148 206-651-7794

Hours: 6am-10pm Every Day



WEEK 2



Essential Everyday All Natural Berry Medley

12oz frozen bag Nov 12-Nov 18, 2014

WEEK 1



Essential Everyday Butter

Salted or Unsalted 16oz box, 4 sticks Nov 5-Nov 11, 2014





WEEK 4



Darigold Half-Gallon Milk

Whole, 2%, 1% or Fat Free Nov 26-Dec 2, 2014



WEEK 3



Essential Everyday Pasta Varieties

12-16oz Box Nov 19-Nov 25, 2014

